



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation under the Ministry of Education, Govt. of India)



CBSE/M&PR/NSS/2024

Date: 16.04.2024

All the Principals/Heads
of Schools affiliated to CBSE

Subject: Inviting entries on success stories on Counseling for CBSE Magazine.

Dear Sir/Madam,

As you are aware CBSE is committed to supporting students through various initiatives, including psychological counseling services. These services, provided via a toll-free number (1800 11 8004) have been instrumental in mitigating exam-related stress.

Additionally, as per clause 2.4.12 of Affiliation By-Laws CBSE schools are mandated to appoint qualified individuals to serve as Counselors & Wellness Teachers. These personnel play a crucial role in providing support to students and fostering their well-being.

Effective counseling is pivotal in shaping the holistic development of students. It provides guidance, support, and necessary tools to navigate through challenges encountered during the academic journey. We invite submissions on a wide range of counseling topics, including but not limited to:

1. Strategies for effective counseling sessions.
2. Addressing mental health challenges among students.
3. Building resilience and coping mechanisms.
4. Promoting emotional well-being and self-care.
5. Empowering students to make informed career choices.
6. Overcoming academic stress and performance anxiety.

We believe there are numerous success stories within your institution that highlight the positive impact of counseling services provided by CBSE or initiatives undertaken by your school in accordance with CBSE guidelines. CBSE aims to showcase these success stories in its upcoming magazine, slated for release soon.

Submission Guidelines:

- Entries should include an appropriate title, introduction, clear delineation of the subject matter, and a conclusive wrap-up. They must be original, well-written, proofread, and devoid of plagiarism.
- Inputs are invited from Principals, teachers, educators, school counselors, students, and parents of the school, duly countersigned by the Principal/Head of the Institution.
- Articles may focus on exemplary practices or innovative ideas related to counseling and allied themes implemented by the school in line with CBSE guidelines and provisions.
- Articles may be submitted in either Hindi or English, in MS-Word format, limited to 1000 words or 02 A4 pages, including high-definition photos (if any), using Arial font size 11. Additionally, please provide the name, designation (wherever applicable), email ID, mobile number and any other relevant details along with passport-sized photo of the writer.
- Files should be saved with the name of the writer and the school affiliation number allotted by CBSE and sent to the CBSE email ID cbse.inspire@gmail.com.

Important Notes:

- There is no remuneration for articles selected for publication in the CBSE magazine.
- Any responsibility regarding copyright issues and plagiarism will solely rest with the writer and the respective school. CBSE will not be liable for any consequences thereof.
- Submissions will be evaluated based on literary merit, originality, and readability, and the Board reserves the right to accept or reject/ edit any entry at its discretion.

Submission Deadline: 31 May 2024

For any queries, please feel free to contact us via email at cbse.inspire@gmail.com

Thank you for your valuable contributions towards nurturing the well-being of students.

Best Wishes,

(Himanshu Gupta)
Secretary



"शिक्षा केन्द्र", 2, सामुदायिक केन्द्र, प्रीत विहार, दिल्ली-110092
"SHIKSHA KENDRA" 2, COMMUNITY CENTRE, PREET VIHAR, DELHI-110092

